



**PIRELLI TOUR OF CUMBRIA  
COMPETITORS' INFORMATION NO. 1**

**10 APRIL 2009**

**1. ROUTE TO CARLISLE RACECOURSE**

The route to Rally HQ at Carlisle Racecourse will be signposted from M6 Junction 42.

**2. CARLISLE RACECOURSE**

The service park is located as shown on the map on page 6 of the Road Book. It will open at 18:00 on Thursday 16 April. There will be no access after 21:00. The service park will re-open at 07:00 on Friday 17 April. On entering the service park please follow marshals' instructions and observe the 18 mph (30 km/h) speed limit. Competitors are reminded that service bays are not situated on hard standing, and competitors will be required to provide suitable support for jacks. There will be no water supply in the service park, and competitors should make their own arrangements for water.

**Facilities at Carlisle Racecourse** (see map on page 6 of the Road Book):

Rally HQ (Official Notice Board, Rally Office, Rally Control, Results Centre and Media Centre)  
Telephone number 0800 111 6253  
Scrutineering/Documentation  
Service Park  
Auxiliary Park  
Parc Fermé  
Food and toilets

It is not permitted to land helicopters at Carlisle Racecourse.

**3. DOCUMENTATION AND SCRUTINEERING**

Documentation and scrutineering will take place at Rally HQ at Carlisle Racecourse between 18:00 and 20:00 on Friday 17 April. Competitors should have all relevant documentation to hand. Competitors will be asked for a mobile telephone number at documentation, which will allow the organisers to send start and restart times by text message. Competition numbers will only be available at Rally HQ

**4. SERVICE AREA BAYS**

Each competitor will have an allocated service park bay, the location of which will be advised on entry to the service park. All Auxiliary vehicles must be parked in the Auxiliary car park.

**5. TRAILER PARK**

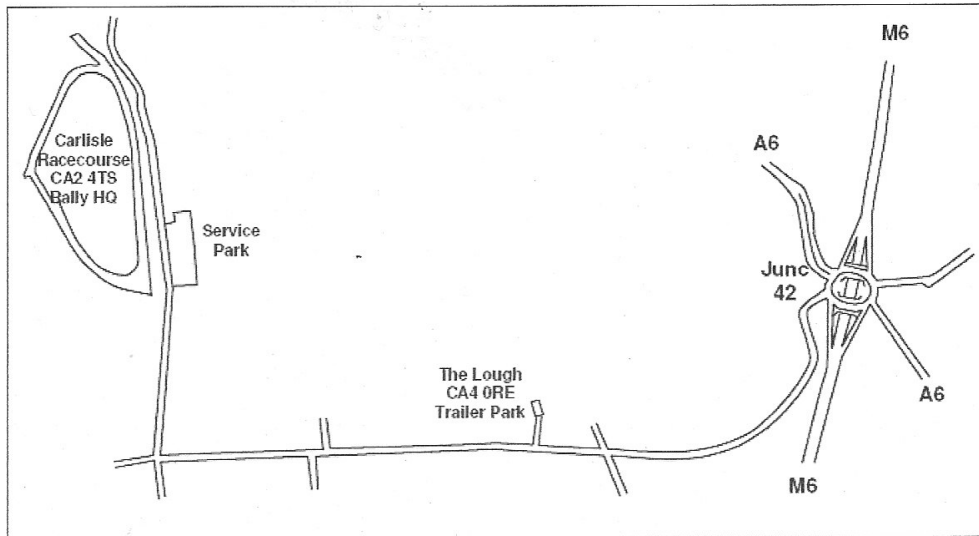
The trailer park is located at Lough Farm, 1.5 miles from the service park, on the road between M6 Junction 42 and Carlisle Racecourse (see map below). Competitors are asked to park trailers considerably. **Under no circumstances may trailers be brought into Carlisle**





**PIRELLI**  
**INTERNATIONAL**  
**RALLY**  
17<sup>th</sup>/18<sup>th</sup> April 2009

**Racecourse.** There is plenty of room to unload cars from trailers at the trailer park, and competitors are strongly recommended to do this.



## 6. SOUND CHECK

The sound check will be located at the Parc Fermé area. Scrutineering cards will be distributed at the sound check.

## 7. TYRE FITTING

Pirelli will be in attendance at the service park, set up and ready to fit tyres, from 13:00 until 20:00 on Thursday 16 April as well as on Friday 17 April. All Tour of Cumbria competitors must have tyres fitted by 18:00 on Friday 17 April. As Pirelli will be supplying both the International Rally and the Tour of Cumbria, competitors are advised to attend as early as possible.

## 8. TIME CARDS

Time cards will be issued at TC 2E. Competitors are reminded that this event will use "European" timing. Each Special Stage Start will also be the beginning of a Road Section, which will end at the next Time Control immediately prior to the next Special Stage, Service Area or holding area. Therefore the target time for each Road Section including a Special Stage includes an allowance to complete that Special Stage.



## 9. DRIVING STANDARDS

Large parts of the road sections travel through small village communities with 30 mph speed limits. We have experienced small levels of local resistance in certain areas so please do not do anything which would jeopardise the use of these roads in future years.

## 10. MEASURED MILE

A measured mile will be set up on the unclassified road between 85/412454 and 85/420441, approximately three miles south of Carlisle Racecourse. A map showing the location of the measured mile will be displayed on the Official Notice Board.

## 11. YELLOW FLAG PROCEDURE

The following Yellow Flag Procedure will apply on all stages.

Yellow flags will be located at all mandatory Radio Points from the start of the stage to the finish. These are indicated in the Road Book by the radio symbol. Yellow Flags will only be displayed on the instructions of the Clerk of the Course. They will only be displayed by a Marshal wearing a distinctive yellow jacket which is marked with a Radio Point symbol. The display of the Yellow flag is to advise competitors that there are emergency vehicles on the stage ahead of them and if they catch up with one they **MUST NOT** overtake. At the scene of an accident competitors may only pass the emergency vehicle(s) if there is sufficient space for them safely to do so. A crew which is shown the Yellow Flag will be given a notional time for the stage according to the procedures laid down in Article 36 and 37.5.2 of the FIA Sporting Regulations for Regional Rally Championships. No other flag will be deployed at any other point in a special stage.

## 12. FINISH PROCEDURE

The final control is TC 10A (Service In), where it is permitted to book in early. In this case, the due time will be entered on the Time Card. It is not compulsory to attend the finish ceremony, but competitors who wish to do so should remain in service for 15 minutes before proceeding to the start/finish/parc fermé area to pass through the finish and collect their finishers' awards.

## 13. SERVICE AREA RISK MANAGEMENT

### 13.1 Introduction

Entrants, competitors and service crew members should be aware of their own and other people's safety and well being, when competing in motor sport. All entrants should have an environmental ground sheet in place before work commences on the vehicle. All service vehicles should have an environmental spill kit, for use in the event of liquid spillage. (Competing cars should also carry such a kit.) Fire extinguishers should be readily available at all times when vehicles are to be worked on, particularly in the event of any welding or grinding being carried out and when vehicles are being refuelled. Vehicles should be supported by axle stands, chassis sill stands or ramps, all with recommended base plates, when raised in the air by trolley or any other types of jack. Engines should not be run when the vehicle is raised on stands. No other work on the car should be attempted, when raising or lowering of the car is taking place. If refuelling is permitted in the Service Area, this should be the last operation to be carried out before the vehicles leave. The vehicle should be off any support stands, have all four





wheels on the ground, have all other work ceased and have no occupants, when refuelling commences. Ideally refuelling should be by hand pumping, rather than from hand held containers. The crew concerned should contain spillage of any liquid immediately.

### **13.2 Storage & Use of Petroleum Spirit**

Containers should comply with the relevant British Standard, should be marked "Petroleum Spirit - Highly Flammable" and be kept from any source of ignition. All empty containers should be removed from the venue after the event. Petrol is to be used as fuel only, not for any other purpose. All vehicle refuelling is to take place in the open air. A "No Smoking" area should be enforced and an operative should be on standby with a fire extinguisher. Refuelling operatives, including those standing by with fire extinguishers, should ensure they are wearing protective clothing, including gloves and eye protection.

### **13.3 Hazardous Substances**

Some vehicle parts, for example brake and clutch linings, contain asbestos. Competitors are encouraged to use non-asbestos substitutes where possible. Where asbestos is used, every effort should be made to prevent dust being released. Some mineral oils may cause skin cancers. Where contact does occur, contamination should be washed off immediately. The wearing of any contaminated clothing should be avoided. Other substances may cause ill health. Suppliers will have information about the possible effects of their products on request.

### **13.4 Electrical Safety**

All electrical equipment should be maintained in a safe condition. Extension leads & cables should be neoprene, oil resistant flexible cable. All electrical equipment used externally should be weatherproof and tools should be "double" or "all" insulated against electric shock. Electrical equipment and hand tools should not be used where flammable vapours are present.

### **13.5 Fire Precautions**

All competition and service vehicles should carry a suitable fire extinguisher. Special consideration should be made before lighting any cooking appliance. All sources of ignition should be kept away from any fuel store or refuelling area. Fire extinguishers should not be moved from their known location, other than when in use. In the event of any fire, a report should be made to the organisers of the event before leaving the venue. All entrants are encouraged to train their personnel in correct fire prevention and treatment procedures.

### **13.6 Compressed Air Equipment**

Air blasts from over inflated tyres can cause severe injury. Tyres should not be inflated above manufacturer's recommended figures. Always stand clear when inflating tyres. Compressors & airlines should be inspected regularly. Compressed air cylinders should be stored and used to suppliers' recommendations.

### **13.7 General Working Practices**

All working areas should be kept clean and tidy. All waste & spillage should be cleared up immediately, removed by the entrant at the end of the event and disposed of in a responsible manner. Trailing cables & hoses should not be allowed to create a trip hazard and should not be run across access or roadways. Whenever vehicle engines are being run, adequate ventilation must be in place. All safety notices should be complied with. Any personnel carrying out work should ensure that they adopt safe working practices at all times. Service crews and competitors





need to be aware of the long periods of exposure to cold, wet or heat experienced while on location in service areas and dress accordingly. Children under 16 years of age are to be closely supervised and should not leave your designated area unaccompanied. They are children and as such are your responsibility.

### **13.8 Noise**

Exposure to excessive noise may result in hearing loss or other complaints. These may be short term or, after prolonged exposure, permanent. When exposure to noise is unavoidable, ear defenders should be worn.

### **13.9 Manual Handling**

Lifting, carrying and propelling of loads by bodily force is a major cause of industrial injuries. All entrants are encouraged to train their personnel in safe manual handling techniques.

### **13.10 Waste**

Entrants should remove all waste from the venue, including containers, packaging, tyres, oils, etc. They must dispose of it in a responsible manner.

### **13.11 Vehicle Safety**

An 18 mph (30 km/h) speed limit should be observed at all times in a Service Area, other than by Emergency Vehicles attending an incident. There may be pedestrians in Service Areas. Special care must be taken in these circumstances to avoid collisions. The unauthorised use of mopeds, motorcycles, scooters, go-peds, quads, etc. is forbidden in Service Areas. A person may only drive a vehicle if he/she holds a valid licence for that class of vehicle.

### **13.12 First Aid**

Any person sustaining injury or illness should seek treatment from the event emergency services, by initially reporting to the Senior Official in charge of the Service Area, who will ensure the appropriate response.

### **13.13 Public Safety**

Entrants and their associated personnel should act in a manner so as not to put either themselves or any other person at risk of injury.

### **13.14 Reporting of Accidents & Incidents**

All accidents where any person sustains injury, or where damage to property occurs, should be reported immediately to the Senior Official in charge of the Service Area.

### **13.15 Further Regulations and Information**

Entrants are reminded of their obligations to comply with the requirements of the appropriate sporting regulations at all times. These Guidance Notes should be read in conjunction with all relevant regulations.



#### 14. ATTACHMENTS

Entry List  
Scrutineering Times

Issued by the Organising Committee

**ANDREW KELLITT**  
Clerk of the Course

